

BADMINTON ASSESSMENT RECORD SHEET – BEGINNER I

Name Age Sex M F

Level Date of Assessment

Coach School

FINAL ASSESSMENT

SKILL ASSESSMENT TEST

SHUTTLE IN PLAY OVER THE NET (OVERHAND)	UNDERARM FOREHAND SHOTS FROM FRONT – COURT TO REAR COURT (LENGTH -TARGET) AND CORRECT TECHNIQUE	HIGH FOREHAND SERVE INTO TARGET AT REAR – COURT SERVICE BOX	RULES (8 pts)			‘Umpire’ in a half-court match 2 (pts)
NUMBER OF SHOTS MID-COURT ONLY (10)	CORRECT TECHQ.	NUMBER TARGET(10 pts)	CORRECT SERVICE	NUMBER TARGET(10 PTS)		

EXECUTE LUNGE- FOREHAND SIDE (1 pt)	EXECUTE LUNGE- BACKHAND SIDE (1 pt)	EXECUTE CHASSE STEPS, RACKET FOOT LEADING – FORWARD SIDE (1 pt)	EXECUTE CHASSE STEPS, RACKET FOOT LEADING – BACKWARD SIDE (1 pt)	EXECUTE CHASSE STEPS, RACKET FOOT LEADING- SIDE- WAYS (1 pt)

EXECUTE CHASSE STEPS, NON - RACKET FOOT LEADING – FORWARD (1 pt)	EXECUTE CHASSE STEPS, NON - RACKET FOOT LEADING – BACKWARD (1 pt)	EXECUTE CHASSE STEPS, NON - RACKET FOOT LEADING – SIDE – WAYS (1 pt)	EXECUTE CROSSING BEHIND-TO THE NET INTO LUNGE (FOREHAND) (1 pt)	EXECUTE CROSSING BEHIND-TO THE BACK (FOREHAND) (1 pt)	TOTAL

BADMINTON ASSESSMENT RECORD SHEET – BEGINNER I

AVERAGE OF MID TERM ASSESSMENT AND END TERM ASSESSMENT

MID TERM ASSESSMENT	
END TERM ASSESSMENT	
TOTAL	

Each Term passed with 50 % of each exercise

Scaling Parameter	Minimum 50 - Maximum 100	
Scaling - External	50 - 69	Bronze Badge
	70 - 84	Silver Badge
	85 - 100	Gold Badge

COACH'S RECOMMENDATIONS:

TO ENSURE VICTORY

--